

# ROYFIT

## capsule

Each capsule contains:	
Name	Amount per 1 capsule
Apple cider vinegar	100 mg
Black pepper	10 mg
Cayenne extract	10 mg
Cardamom extract	20 mg
Cinnamon extract	20 mg
Ginger extract	40 mg
Green coffee extract	40 mg
Tumeric extract	40 mg

### Properties:

ROYFIT is a multi-component diet supplement that supports weight control. Our ingredients were carefully put together for better performance to help with appetite and are responsible for improving fat metabolism and stimulating the reduction of fat reserves, enhance focus, and improve energy. ROYFIT will help your body reach Ketosis fast so you can start utilising fat for fuel. It also helps maintain normal cholesterol and blood sugar levels.

A – **Ketogenic diet** is a low – carb, high fat diet. It involves drastically reducing carbohydrate intake and replacing it with fat. This reduction in carbs puts your body into a metabolic state called **KETOSIS**. When this happens, your body becomes efficient at fat for energy.

