

# NORDIC<sup>+</sup> Forte

Embrace your health with

NORDIC Forte

Dietary Supplements



PRODUCT CATALOG



## Dietary Supplements

Not every people can access nutritious variety of foods. This causes lack of vitamins, minerals, proteins, etc. in the body. Quality dietary supplements can help you get adequate amounts of essential nutrients and improve overall health and help manage some health conditions.

*Agua cares*



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## GASTRO EASY



### Supplement Facts:

Serving Size:

1 Tablet

Name	Amount	*NRV
Glycyrrhiza Glabra (Root)	350 mg	**

\*NRV: Nutritional Reference Value

Dietary supplement used to help various digestive system complaints including stomach ulcers, heartburn, colic, and ongoing inflammation of the lining of the stomach (chronic gastritis).



## Mig + Safe



### Supplement Facts:

Serving Size:

1 Capsule

Name	Amount	*NRV
Magnesium L-Threonate (Magnesium Malate Elemental 15%) (Magnesium Taurate Elemental 15%)	551 mg (209 mg) (82.65 mg)	146%  21.86%
Coenzyme Q10 (Ubiquinol)	100 mg	**
Vitamin D3	1000 IU	500%
White Willow	75 mg	**
Ginger Root Extract	37.5 mg	**
Vitamin B6 (5P5)	5 mg	357.31%
Vitamin B12 (Adenosilkobalamin)	250 µg	10.000%

\*NRV: Nutritional Reference Value

Dietary supplement used to help get rid of migraine and various headaches.



## Easy Rest



### Supplement Facts:

Serving Size:

1 Tablet

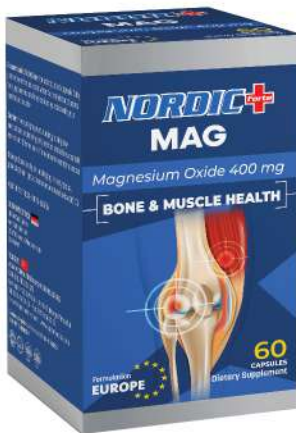
Name	Amount	*NRV
Melatonin	3 mg	**
L-theanine	50 mg	**
5-HTP	50 mg	**

\*NRV: Nutritional Reference Value

Dietary supplement used to help easy sleep.



## MAG



### Supplement Facts:

Serving Size:

1 Capsule

Name	Amount	*NRV
Magnesium Oxide	400 mg	55%
Providing magnesium	232 mg	

\*NRV: Nutritional Reference Value

Mineral supplement used to prevent and treat low amounts of magnesium in the blood. Magnesium is very important for the normal functioning of cells, nerves, muscles, bones, and the heart. Usually, a well balanced diet provides normal blood levels of magnesium.





## HEM / RELIEF



### Supplement Facts:

Serving Size:

1 Tablet

Name	Amount	*NRV
Serving of 720 mg Standard Ayurveda (Polyherbal) Herbs extract blends.		
Terminalia Chebula (Fruit)	250 mg	**
Allium Cepa (Bulb)	120 mg	**
Cassia Acutifolia (Leaf)	86 mg	**
Lepidium Sativum (Seed)	80 mg	**
Acacia Arabica (Gum)	20 mg	**

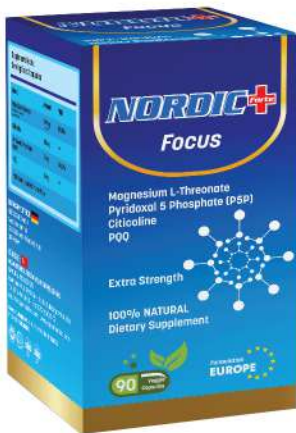
\*NRV: Nutritional Reference Value

Dietary supplement used to help in cases of constipation, constipation associated with hemorrhoids and piles, anorectal disorder.





## FOCUS



### Supplement Facts:

Serving Size:

3 Capsules

Name	Amount	*NRV
Magnesium L-Threonate	1394 mg	55.38%
Magnesium L-Threonate Elemental 15%	209 mg	
Citicoline	250 mg	**
Pyridoxal 5 Phosphate (P5P)	10 mg	714.62
PQQ	15 mg	**

\*NRV: Nutritional Reference Value

Dietary supplement used to help in cases of focusing problems and distractibility.



## Motion Relief



### Supplement Facts:

Serving Size:

1 Tablet

Name	Amount	*NRV
Ginger	500 mg	**

\*NRV: Nutritional Reference Value

Dietary supplement used to prevent and treat nausea, vomiting, and dizziness caused by motion sickness.



## MENPROS



### Supplement Facts:

Serving Size:

1 Capsule

Name	Amount	*NRV
Serving of 500 mg Standard Ayurveda (Polyherbal) Herbs extract blends.		
Serenoa Repens (Saw Palmetto Fruit)	180 mg	**
Cucurbita Pepo (Pumpkin Seed)	150 mg	**
Urtica Dioica (nettle)	71 mg	**

\*NRV: Nutritional Reference Value

Dietary supplement used to help in cases of benign prostatic hyperplasia, increased frequency of urination at night, frequent urge to urinate, difficulty starting urinate, weak urine stream or a stream that stops and starts, pain and burning during urination, painful ejaculation.



## HAIR, SKIN & NAILS



### Supplement Facts:

Serving Size:

2 Capsules

Name	Amount	*NRV
Hydrolyzed Collagen (Collagen Type-I)	600 mg	**
Hydrolyzed Keratin	300 mg	**
Hydrolyzed Elastin	300 mg	**
Green Tea Extract	110 mg	**
Grape Seed (Vitis Vinifera) Extract	84 mg	**
Ginkgo Biloba	80 mg	**
Equisetum Arvense Extract	76 mg	**
Nettle (Urtica Dioica) Root Extract	66 mg	**
Methylsulfonylmethane (MSM)	60 mg	**
L-cysteine (HCL Monohydrate)	40 mg	**
L-lysine	40 mg	**
L-Methionine	40 mg	**
Vitamin B5 (D-Pantothenate Calcium)	20 mg	322%
Vitamin B6 (Pyridoxine HCL)	4 mg	284%
Iron (Bisglycinate)	17 mg	121,4%
Zinc (Zinc Picolinate)	16 mg	160%
Biotin (D-Biotin)	5000 µg	10000%

\*NRV: Nutritional Reference Value

Dietary supplement used to help restore and maintain wellbeing of hair, skin and nails.



## Healthy Joints



### Supplement Facts:

Serving Size:

1 Tablet

Name	Amount	*NRV
GLUCOSAMINE HYDROCHLORIDE	500 mg	**
CHONDROITIN SULFATE	500 mg	**
COLLAGEN TYPE 2	20 mg	**

\*NRV: Nutritional Reference Value

Dietary supplement used to help strengthen bones, ligaments, joints, including in the elderly; improve the elasticity of tendons, muscles and ligaments. It has a moderate anti-inflammatory effect.



## JUNIOR NEO



Ingredient	Amount
Vitamin A	0.466 mg
Vitamin D3	mcg 6.6
Vitamin E, TE	8.9 mg
Vitamin C	80 mg
Vitamin B1	1.466 mg
Vitamin B2	1.6 mg
Vitamin B6	2 mg
Vitamin B12	2.6 mcg
Niacinamide	20 mg
Vitamin K1	10 mcg
Pantothenic acid	4 mg
Folic acid	0.266 mcg
Biotin	26 mcg
Calcium	160 mg
Magnesium	45 mg
Zinc	8 mg
Iodine	75 mcg
Iron	9.6 mg
Copper	0.56 mg
Manganese	1 mg

NORDIC Forte JUNIOR NEO is the ultimate source to compensate for the lack of vitamins and minerals in children 7-14 years old. Additional source of vitamins , D , E , C , B<sub>1</sub> , B<sub>2</sub> , (niacinamide ) , (pantothenic acid ) , , folic acid , biotin , minerals : magnesium , iron , zinc , copper , manganese , iodine contains calcium , vitamin K1 helps children grow healthy.



## OMEGA-3



**Supplement Facts:**  
**Serving Size:** 1 Capsule

Name	Amount	*NRV
Fish Oil	2500 mg	**
DHA	875 mg	**
EPA	1125 mg	**
Other Omega-3 Fatty Acids	150 mg	**
Total Omega-3 Fatty Acids	2150 mg	**

**\*NRV: Nutritional Reference Value**

Dietary supplement used to help deal with depression and anxiety, improve eye health, promote brain health during pregnancy and early life, improve risk factors for heart disease, reduce symptoms of ADHD in children, reduce symptoms of metabolic syndrome, reduce inflammation, benefit autoimmune diseases, improve mental disorders, prevent age-related mental decline and Alzheimer's disease, reduce asthma in children, reduce fat in your liver, improve bone and joint health.





## PASTILLES



### ORANGE FLAVOR VITAMIN C

It is used to medicate the mouth and throat for the slow administration in digestion or cough remedies. Sucking on the lozenge stimulates more saliva production, which lubricates a dry mouth or scratchy throat. Lozenges provide a pleasant dosage form for patients who are unable to swallow other types of solid dosage forms.

Different flavors can be produced.



## Co|Rid



### Active Ingredients for 5ml

Licorice root	825 mg
Basil	150 mg
Galanja	90 mg
Turmeric	90 mg
Dharfulfule (Piper Longum)	60 mg
Medicinal Mint	30 mg
Ginger	30 mg
Grape	30 mg
Zulumba	30 mg
Black pepper	5 mg

Dietary supplement used to help get rid of dry and wet coughs. It is a good solution to get rid of mucus and pleghm.



## ERSITOL



Inositol	: 2000 mg
L-Tyrosine	: 500 mg
Folic acid	: 200 µg (mcg)
Selenium	: 55 µg (mcg)
Chromium	: 40 µg (mcg)

Having healthy kids is a priority in almost all families. Unfortunately this is not always easy and smooth process for many couples. This can be due to physical and psychological reasons. Physical reasons are mostly related to lack of vitamins and minerals. The absence of these vitamins and minerals in the body prevents the body from forming and delivering a baby with a healthy development.

ERSITOL is produced to help individuals to overcome these physical obstacles. It is a good source to compensate for the lack of vitamins and minerals for and during pregnancy.

**20x3g Sachets**



## TURICOL



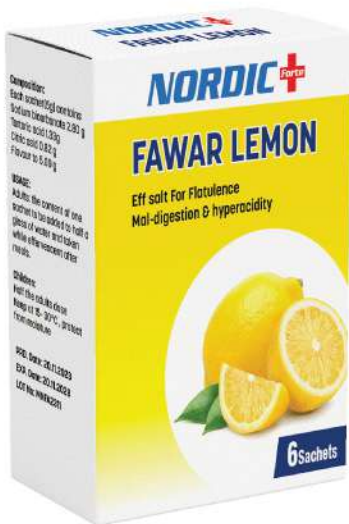
Anhydrous Sodium Citrate	: 630 mg
Anhydrous Citric Acid	: 750 mg
Tartaric Acid	: 840 mg
Sodium Bicarbonate	: 1.76 g

Dietary supplement used to help kidney conditions. It helps end stone formation, salt excretion, urinary

6x4g Sachets



## FAWAR LEMON



<b>Sodium Bicarbonate</b>	<b>: 2.80 g</b>
<b>Tartaric Acid</b>	<b>: 1.33 g</b>
<b>Citric Acid</b>	<b>: 0.82 g</b>
<b>Flavor to</b>	<b>: 5 g</b>

Dietary supplement as Eff salt for flatulence. It is used to help mal-digestion and hyperacidity.

**6x5g Sachets**



## D<sub>3</sub>+K<sub>2</sub>



**Active substances:**

Cholecalciferol (vit. D3) 25 µg (1000 IU);

Vitamin K2 Mk7 11.25 mcg

**Excipients:** Olive oil

Vitamin D3 and Vitamin K2 - ensure that calcium is absorbed easily and reaches the bone mass, while preventing arterial calcification. Helping to keep your heart and bones healthy. Separately, K2 regulates normal blood clotting, whilst D3 supports a healthy immune system and supports muscle function.

10 ml e



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AQUA



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